

Sambhali Trust Annual Report 2016-2017





In 2007 Govind Rathore set out to change the lives of women in Jodhpur for the better. The Sambhali Trust was established with the ultimate dream that Rajasthani women could “experience a life of stability, financial independence and equal opportunity”. 10 years on, this dream is being realised.

The Sambhali Trust started with a total of 90 women over 3 projects and has grown to encompass 17 different projects, reaching out to 10,000 women and children over the past decade, 4,284 of which have been helped in 2017 alone. Through this report it will be possible to see the wonderful progression Sambhali has made from the dream of a man wanting to effect change, to an organisation transforming lives and attitudes all over Jodhpur.



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Our Mission

Welcome to Sambhali. We are a Not-for-profit grassroots organisation aiming to improve the lives of Jodhpur's poorest women and children. These women are subject to threefold discrimination relating to their gender, caste and economic status. For women in India abuse is common and opportunity is minimal, especially in the poorer castes where girls' educational needs are often overshadowed by families' financial burdens. The goal of the Sambhali Trust is to help women from the lowest 'Dalit' caste overcome these obstacles, and give their children a good education to prevent them ever having to face the challenges their mothers do.

This we do with three aims in mind:

- **Independence**
- **Self-Esteem**
- **Unity**

Sambhali's educational projects and microfinance self-help groups give women the chance to earn an independent income, empowering them to break the cycle of female exploitation; our SOS and No Bad Touch programmes address the pressing issues of physical and sexual abuse; and our children's centres give disadvantaged children the chance to start life confident and educated, breaking the cycle of poverty. This range of programmes reflects the Trust's holistic approach, addressing various women's issues simultaneously to tackle the problem as a whole. This holistic approach is taken as part of our mission to not only change the lives of women and children now, but to change social attitudes to decrease the suffering of generations to come.

A Letter from The Founder

Khamaghani Friends,

Sitting here now looking at Sambhali is like a dream come true. When I first started the Trust with 16 women under the thatched roof of my house, I didn't expect it to grow past that, let alone reach 10 years as a fully-fledged NGO. I didn't think this family would grow so big, so international, so able to reach the hearts of people; this was only possible because of trust. Trust from the women and children we work with, their families and the organisation's international audience. Had there been no trust, Sambhali simply would not exist.

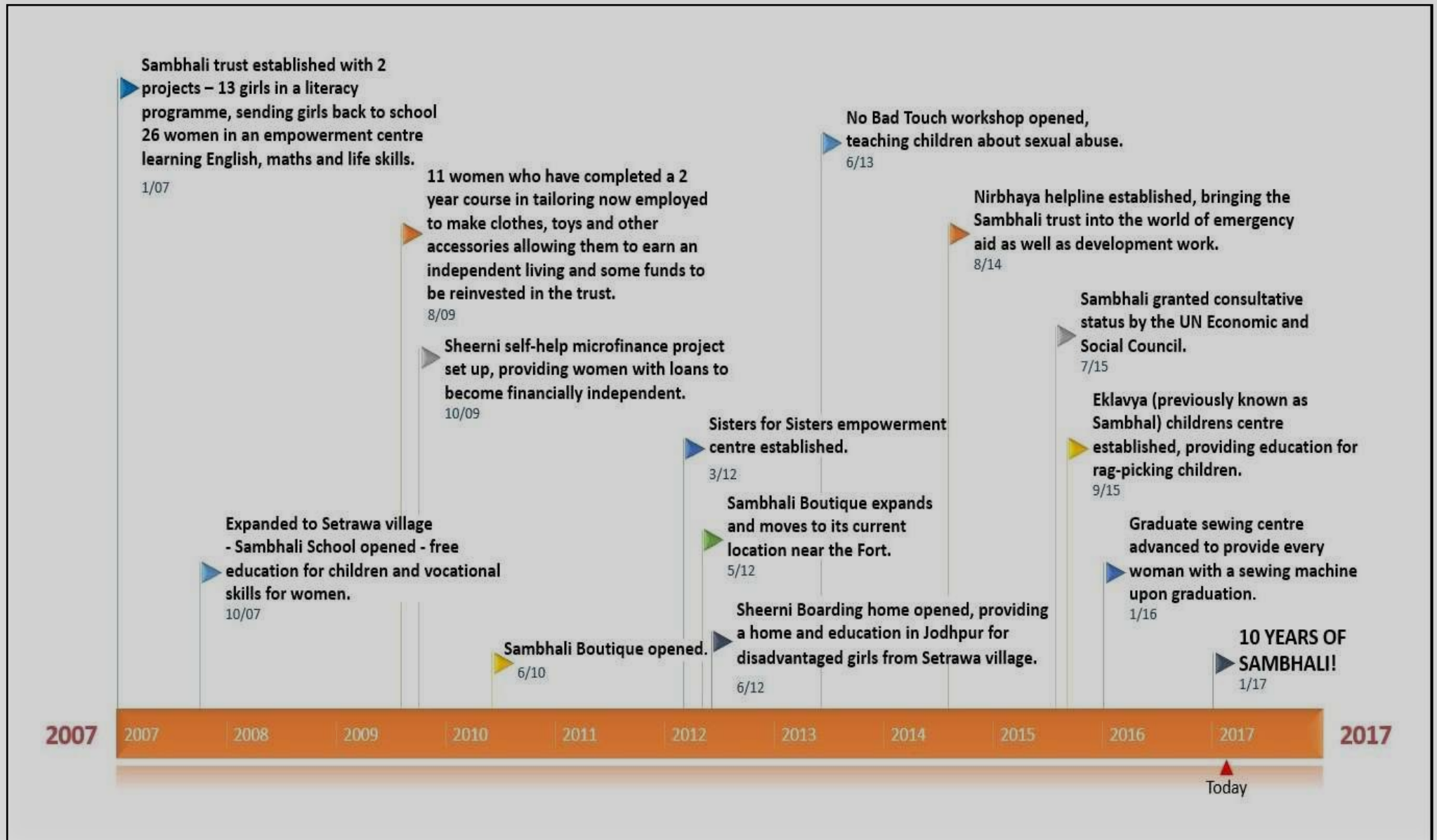
We made sure never to push ourselves on anyone; where need became apparent we assisted however we could. 10 years on, being recognised by the UN; having famous names like Deepa Mehta backing the Trust as International Patron; having a new chartered accountant book-keeping for the Trust; having our 5 wonderful partner associations; having other friends who have been of such great support to the Trust. Friends like *Frères de nos Frères*, *Padem* and *Anshula Trust*, all of these incredible people joining hands. The intention behind Sambhali was sustainable giving, and investment in people. A holistic approach towards the client on a grassroots level, you have helped us achieve that.

I truly believe that if all the expertise brought in by Corinne, Ernestine, Peter Dermostene (volunteer helping with creating data systems), the Volunteers and the Donors continues this way, the Trust will reach more and more people. At the moment, every slum and poor area in the east of Jodhpur is well acquainted with Sambhali, but in the next 5 to 10 years we would like to reach out to the rest of Jodhpur. Wonderfully, we have seen that despite not having funding from local sources, we have had more local people from India approaching us to help out, volunteer and buy products; it shows we have been accepted at home – something which inspires faith in both me and the women here. Faith that we really are changing social attitudes.


In the end, I would like to thank everyone for staying in this battle and not dropping out. We will continue to fight for the rights of vulnerable women and children. Thank you for believing in what we do, if people don't believe, it is impossible.

Govind Singh Rathore

The Sambhali Timeline



Our Core Projects



Since the very beginning of the Sambhali Trust our focus has been on providing women and children with the chance to have a good education, one to rival that of their male counterparts. We started out with 3 projects and by the end of the first year we had an empowerment centre providing 26 women and girls lessons in English, Maths, Hindi and practical skills; a literacy programme sponsoring 13 girls from underprivileged backgrounds to go to school; and our Setrawa project, encompassing a free school for 51 children and lifeskills for women involved in the Sheerni Microfinance Project.

The empowerment programme focused not only on academic education, but also teaching women invaluable life skills like tailoring, opening a bank account and visiting a health clinic. This centre was designed to truly free women and give them access to parts of the world which too often they are barred from purely because of their gender. It is this same message which after 10 years is carried forwards in our core projects:

Empowerment Centres
Boarding Home
Sewing Centres

Empowerment Centres

“There is no chance of the welfare of the world unless the condition of women is improved. It is not possible for a bird to fly on one wing.”
- Swami Vivekananda

At the heart of Sambhali are our empowerment centres. With 7 centres now up and running across Jodhpur and Setrawa, we are providing academic and vocational education to 196 women and 135 children daily (since April 2017). These centres are the foundation of our work here at Sambhali, where for 3 hours a day we provide women with a chance to gain the skills necessary for financial independence. The 7 centres, each in different areas, are tailored to the community they work with, whether that be old or young, Muslim or Hindu, Dalit or not. This diversity means volunteers must constantly work to keep the centres both relevant and challenging to their audience. This is partially done through weekly workshops designed to encourage our women to think outside the box and have the confidence to express their own ideas. Here are some examples of the fabulous workshops we've had so far in 2017:

- Women's empowerment – looking at global women's movements to show our women here they are part of an international community and are supported.
- Sexual health
- First Aid
- Different cultures and how they relate to each other.

This year in 2017, we are pushing towards a more regulated curriculum at our centres. Advancing with the feedback of our advisors and senior volunteers we are aiming to get our resources and lesson plans more regulated in order to keep continuity for the women as volunteers change.

Santosh's Story

Santosh Sharma has been attending our *Abhaya* Empowerment centre for the past 7 months. She is 40 years old, and with 3 children her life outside of Sambhali is made up mostly of housewife duties. Santosh is lucky enough to be supported by her husband in coming to our centre daily, so we asked her a few questions about her experience here.

"Sambhali has changed my life for the positive. I'm a housewife but all my cousins have jobs because they are educated. So I want to get educated for my children's sake. So they can see me leaving the house, learning at school and being confident speaking to people. I have become much more confident speaking!"

"My favourite thing about coming to Sambhali is getting to know the teachers and volunteers. I really like learning about the volunteers' lives in places outside of India so I can understand and compare other cultures. That and the sewing, I really enjoy sewing."

"Most housewives have a couple of hours in the afternoon to rest. I would rather sacrifice this sleep so I can come to Sambhali. Having an education is important for all women so they break the old traditions. They can inspire their daughters, cousins and all the younger people to want to learn."



What's New in our Empowerment Centres?

At Sambhali we are constantly trying to update and improve our programmes, bringing in new workshops to keep our content current and our women engaged. This year we have been lucky enough to have been visited by a volunteer nurse who has been running a 6 week long women's health education course. In India, the subject of sex and women's health is still very taboo, leaving many women and girls in the dark about their own bodies.

These taboos not only mean that women don't know their own bodies, but can also be huge barriers within the external world. Menstruation is still seen by many as a curse, a dirty time during which women should not participate in communal activity – including cooking and working. The only way to break these stigmas is through education, which is exactly what is happening in our women's health workshops. In these workshops 6 topics are addressed:

- Female anatomy
- Puberty and menstruation
- Sexual intercourse
- Pregnancy and childbirth
- Raising children
- Menopause and ageing as a woman

Through these workshops women are not only prepared for the next stages of their own lives, but are given the facilities to educate their daughters and other family members, breaking stigmas which have restricted women for centuries.

This year at our empowerment centres we have started an introduction to Computers course in our brand-new computer lab. In the modern world, it is increasingly important to be computer-literate, both for job opportunities and simply to be able to explore the vast wealth of information online. For this reason, we have created a 2-week long computer course running for 1 hour, 4 times a week.

Throughout the course, the women involved learn about basic computer hardware; using Microsoft Word; using Windows Explorer to make folders, save files etc and using an internet browser. At the moment, our lab is only big enough to cater for 4 women at a time, but the course is proving to be hugely popular, with more women from our JEC centre signing up to participate as spaces become available.

"In this day and age everyone needs to know how to use a computer, it's such a common part of everyday life, especially for people looking for work."

"Initially the women aren't familiar with most of the keyboard functions, but they're very engaged and eager to pick up as many computer skills as they can. They obviously understand the importance of learning this."

*- Lynda, our
volunteer running the project*



Sheerni Boarding Home

"There is no limit to what we, as women can accomplish"

- Michelle Obama

In June 2012, our 'Sheerni' Boarding home was set up housing 5 girls from Jodhpur and 20 from the surrounding villages. Since its inception this programme has worked in combination with our Sheerni women's Microfinance group. Whilst providing these women with microfinance loans, our boarding home gives their daughters – now aged 7-17 - the chance to get a good education at a Jodhpur private school supplemented by Sambhali funded tuition. By working with two generations of one family we can start to break the cycle of poverty, ensuring the girls a better start in life than their mothers were given.

After school the girls are supported at their boarding home by volunteers who run daily activities such as music classes, sports and games at the park, careers workshops, and health education. This way the girls at our boarding home are not only being provided with academic education, but also the chance to develop their own interests – something many Indian girls have neither the time nor facilities to do.



"With their improved English the girls have become much more confident. I've seen them grow, mature and start to think about and discuss much more complex life issues"

- Toni, a year-long volunteer

New in 2016/17 – Pooja's Story

This year something wonderful happened at our boarding home. After seeing that one of the girls at our JEC empowerment centre had been sleeping by the roadside with her family, homeless and at risk of sexual exploitation, we started a crowdfunding movement to get her a place at our boarding home. Thanks to our wonderful supporters, Pooja happily settled in to the boarding home in December 2016, and will start attending school this summer.



Our New 'Laadli' Girls' Home



This April – 2017, we have been very excited to unveil our brand-new boarding home, housing a further 20 girls from Setrawa village.

These girls, aged between 7 and 12 are the daughters of the women from our Sheerni Microfinance Project, most of them the youngest daughters from families of up to 10 children. This position as both the youngest child and a daughter can have major disadvantages. After having sent older siblings to school and provided them with opportunities for growth there is often little funds left for the younger siblings. This new girls' home is therefore giving these girls the chance to be a priority themselves.

Like our other boarding home which houses many of these girls' older sisters, the home is not simply about educational opportunity. Sambhali has plans to buy a goat and some chickens to keep on the land at our girls' home – this way they will have access to fresh, organic produce every day. For most families, growing strong sons is considered to be the priority, so when meat, dairy and other expensive products are available, they are fed to the boys. At Sambhali we believe in growing strong daughters. Our actions at the boarding home are all catered toward doing this.

This fabulous new boarding home is doubly exciting for Sambhali as it is the first property fully owned by the charity, creating a sustainable environment which will continue to thrive and support our projects. This project has been made possible by the fantastic support of Padem and the Ministry of Foreign Affairs Luxembourg, who have invested their faith in our ability to make a real difference, and with their help

we really can.

Scholarship Programme



Along with the 25 girls in our Sheerni boarding home, this year we have provided private-school scholarships for a further 180 children around Jodhpur. The majority of these children are the sons, daughters, cousins and other relatives of women at our empowerment centres. Others are children whose parents, finding themselves unable to fund their education have appealed to us for help.

With a literacy rate of only 67% in Rajasthan, it is clear that there is an education crisis. According to the Annual Status of Education Report 2014, the number of children in government schools who are able to read is declining. Not only is there a problem in the standard of government schools, but also in attendance. For many poor families, children provide an opportunity for another income. Paying for a child to go to school not only takes money, but takes away the potential earnings that child could bring in.

The value of educating a child can never be underestimated. It has been shown that every extra year of schooling can raise a child's earning potential by 10%, furthering their chance to break the cycle of poverty. At Sambhali, we are facilitating that as much as we can, providing scholarships from 1st grade all the way up to degree level.

Sewing Centres

Give a man a fish it will feed him for a day. Teach him how to fish and it will feed him for life.
- Chinese Proverb

This old Chinese proverb expresses perfectly the motivation behind our sewing centres. Many of the problems Indian women face stem from a lack of independent income. No income means a financial reliance on their husbands, leaving them constrained by their husbands' rules. This is especially problematic for widows who are often outcast in society; with no husbands to support them their situations can be dire. Our aim at Sambhali is not just to give women a short-term route out of poverty or oppression, but to give them long-term solutions, empowering them to be independent. This we do through our sewing centres.

At our two sewing centres – **Fatima** and the **Graduate Sewing Centre** newcomers undertake a 12-month programme to refine the skills they have learnt in the empowerment centres. They learn hand-embroidery, block printing, how to use a sewing machine and other textile related skills. These practical skills give women a vocation from which to earn money – the benefits of which are exponential, both practically and mentally – giving women a sense of their own abilities and power as an independent being.

Along with the necessary skills at Sambhali we provide many of these women with an opportunity to earn money. The two centres currently hold 25 women who are producing products to sell at our Boutique and through international orders. The money from this goes back to the women, providing them with an income; and back into the Trust, giving other women and girls an opportunity to thrive

Pushpa's Story

A typical day in Pushpa's life looks like that of most Indian women. The main part of her day consists of taking care of her four children, maintaining the house and cooking for the family. Pushpa dropped out of school after the 7th grade, her parents couldn't afford an education for all 6 of their children. In India it is quite common that the parents only send their sons to school, the girls are needed to help their mothers in the household or with other duties such as rearing cattle.

"When I was 12 years old I looked after the cows, but I wanted to learn. My dream was to become a nurse, that's why I wanted to go to school."

At the young age of 19 Pushpa got married to an abusive husband. Soon after she became pregnant with her first daughter and in the years after, three more children followed. With her poor education and no prospects of getting a job she was very much dependant on her husband, who earned the only income for the family as a painter.

"Before I felt very poor. My husband was beating me up regularly and I didn't know how to handle the situation. Thanks to Sambhali I feel more powerful now. When he tries to slap me now I am holding his hand that he can't hurt me."

Pushpa heard about Sambhali from the women in her village who were already working as sewers for the Trust. Since she was a little girl Pushpa always enjoyed stitching and was very happy when she joined Sambhali in 2009. The job at Sambhali not only gives her the opportunity to meet other women but it also helps her to be financially independent.

"Before Sambhali I didn't have money for myself or the children, now I can earn the money for my children; that makes me feel powerful."

Pushpa dreams about having her own little shop where she can sell the clothes she is making. At the moment she doesn't have enough money to start her business but she will continue to work in the Graduate's Sewing Centre and work towards her dream. But the highest priority for Pushpa is the education and future of her children. She has especially high hopes for her girls, wanting them to have the opportunities in life which she didn't have.

"I want that my children become powerful and that they'll fulfil their dreams. I want my girls to get a good education and a job. I wasn't able to do so but I hope they will."



Setrawa Project



As well as our many projects running in Jodhpur city we are making an impact in the rural community of Setrawa village. Since late 2007 we have been running our Setrawa empowerment centre for women and children where we support 10 women and older girls in the mornings and 40 children in the afternoon. Here our women learn sewing, English and Hindi – similarly to our Jodhpur empowerment centres. They also take part in a weekly Saturday workshop – a fun activity based day to be creative or learn something outside of the standard curriculum. This year our volunteers have taken the workshops as an opportunity to talk about ‘Clean Setrawa’, inspired by the ‘Clean India’ project this aims to raise environmental awareness and encourage our participants to be part of a wider movement helping the planet.

In the afternoons, the focus in Setrawa is on children aged 3-13 who take part in after-school activities, both academic to support their school-education which is often poor in the rural areas; and fun – a chance to play and interact with other children in a supported environment – a chance to just be kids.

Whether it’s the women in the mornings or the children in the afternoon it is clear that one of the great values to come from our Setrawa project is giving our participants time just for themselves. As one of our volunteers points out ***“life in the village can be very monotonous, with a lot of responsibilities and very little change from day to day, people don’t have the same opportunities they do in Jodhpur, so an education and activity centre can break this up, brightening someone’s day whilst providing vital education.”*** Added to this, our 4 teachers and 2 volunteers are all women, inspiring the women at the centre and changing the children’s image of what it means to be a woman, creating a generation with a greater sense of gender equality than the last.

Special Projects

While English, Maths and Sewing lessons have formed the core of Sambhali since the beginning, it is the special projects that really make it stand out from other women and children's charities. In 2013 the No Bad Touch Project was set up, and a year later the Nirbhaya HelpLine.

These projects address the issue of abuse – both physical and sexual, in a way which is rarely done in India. Too often these issues go unmentioned, considered too taboo to talk about. The Sambhali Trust recognises that without talking about them, we can't tackle them. These two projects have been set up to make these issues explicit and provide support to those who fall victim to them. Sambhali's work over the past 10 years has served not just to improve life for the victims of these abuses, but also to change social attitudes around the topic. In this way, we ensure our projects are sustainable, creating a legacy of awareness and willingness to tackle these problems within the community.

No Bad Touch

“There are many problems, but I think there is a solution to all of them; it’s just one, and it’s education”
- Malala Yousafzai

In 2013 the Sambhali Trust set up one of its most revolutionary programmes - the ‘No Bad Touch’ project. Along with the Nirbhaya Helpline, this project has made Sambhali stand out from most other women and children’s charities in India. Focussing on the prevention of sexual abuse, the ‘No Bad Touch’ project is made up of workshops for children, workshops for teachers and parents, and a Helpline for children who have fallen victim to sexual abuse. This project is crucial in India, a place where 53% of children interviewed by the Union Ministry of Women and Child Development reported having faced sexual abuse of some form (childlineindia.org).

The Sambhali Trust has attempted to counteract this shockingly high level of child sexual abuse by educating children and their guardians about what is an inappropriate interaction or ‘Bad Touch’. Volunteers from the Trust have been visiting schools to undertake workshops filled with entertaining activities that show children what a ‘bad touch’ is, what they can do if it happens, and most importantly – that if it does happen it is not their fault and there is a support network available to them.



Vimlesh has been working with the No Bad Touch program for the past 3 years. *“This workshop is very useful for children, the whole of India has this problem with sexual harassment, and children don’t know how to handle the situation. We tell children who they can tell and that it’s important. If you don’t tell someone, they can’t help you, and it can happen again and again. Sometimes I share my experiences with them, talk to them about how talking to your parents or someone can help you. It’s so important.”*

SOS Project & Nirbhaya Helpline

Calls this year:

Domestic Violence	59
Medical	45
Sexual Abuse	8
Legal Help	2
Verbal Harassment	51
Forced Marriage	3
Other	20

One of the biggest developments for the Sambhali Trust as a charity was the creation of the 'SOS' project and Nirbhaya helpline in 2014. Up to this point the Trust's focus had been on development work. But on establishing this project, it delved into the realm of emergency response, a major progression for what was once a tiny charity.

Through our SOS project we aim to provide an emergency support service for women all over Rajasthan. This service deals with a range of issues including domestic violence, forced marriages, sexual abuse and legal and medical concerns. The Sambhali Trust is made aware of these problems through the Nirbhaya helpline - a toll-free phone line available all week for those in need. Immediate advice and counselling is provided, often followed by further support tailored to the case in question. Often this means having a Sambhali representative accompanying the woman in need to the police station, providing both emotional support for her, and credibility to the case. In other circumstances, financial aid is necessary, for which we have the **Emergency Provision Fund**, covering treatment for long and short term medical conditions. This fund is necessary for the many women who come to us unable to afford emergency medical attention, ambulance transport, medication or emergency accommodation.

Through the SOS project it is now possible for these women to receive essential care, care which would otherwise be out of reach for some of those who need it most.

Seeta's Story

In February 2017, 29-year-old Seeta approached Sambhali through the Nirbhaya HelpLine asking for help with her abusive husband. After being invited in to Sambhali headquarters, Seeta revealed that despite her high level of education – an MA in English, she had been forced to marry a taxi driver with very little education, her relationship with which was poor. Her engagement had been set in childhood, so despite their differences she had been married to him 6 years earlier – at 23 years old.

From the start of their relationship, Seeta had been subject to abuse – both mental and physical, gradually getting worse as the years went by. Eventually she hit a point where the abuse was intolerable. Unable to withstand it anymore, Seeta left for her father's house, planning to use her education to find a good job and raise her two children alone. However, on leaving her husband's house he held on to their son, refusing to allow her to leave with him.

Distressed and unsure what to do in a system which favours men, Seeta approached Sambhali. Mrs Tanwar, the Trust's councillor contacted Seeta's husband hoping to convince him to release their son, unfortunately he refused. For a lot of women like Seeta this could have been the end of the story, unable to hold power against her husband. However, with a credible organisation like Sambhali behind them, women are given much more power in the face of the law. Together Mrs Tanwar and Seeta approached the police commissioner who listened to her story and instructed the police station to take action to retrieve her son, putting him back in her custody.

Sometimes the SOS service is not about finances, but rather about giving women a support network to rely on, a councillor to give advice and the name of a well-known organisation to back their case – something which can go a long way in a patriarchal society.

Monu's Story

The SOS project at Sambhali often deals with medical cases, providing both advice and financial support to women in need. With the vast majority of medical expenses paid directly out of the family's pocket in India, an unexpected medical issue can be crippling for a low-income family. The *International Institute for Population Sciences* found that up to 35% of poor Indian households are struck by Catastrophic Health Expenditures which seriously disrupt their ability to maintain a basic standard of living.

One clear example of how damaging medical problems can be comes from Monu, a woman who came to us this year through the SOS programme looking for help. Following an accident, Monu's husband had been left paralysed for the past 5 months. With him unable to work, and jobs incredibly difficult for women to come by, the family was rendered incomeless. This sudden change meant that along with other expenses, Monu was unable to pay the last instalment of school fees for their son Prakash who is currently studying in 12th grade – his final school year. Despite the family having met previous payments, the school responded to the fault by refusing to grant Prakash's exam admission letter, barring him from sitting the exam's his school career had been working towards.

At Sambhali we understand that medical treatment is not the only expense which affects a family after a health issue arises. Keeping up with other expenses can put a huge strain on women after losing their husbands income. Along with advice and counselling, we offer financial support – in this case paying Monu's son's school fees to allow him to sit his exams and finish his education. Since then, Sambhali has helped both Prakash and his sister to find jobs in nearby hotels, giving the family a renewed source of income.

International Advisory Board



Ernestine Badegruber

Ernestine is the head of Sambhali Austria. Previously employed as a social worker she became involved with Sambhali after seeing a sign for a 'women's empowerment programme' whilst staying in Jodhpur in 2008 – a year after the charities inception. After sitting with Govind for some 3 hours Ernestine was inspired to help, and has done since – bringing at least 25 people to visit us in Jodhpur.

“As a social worker I was intrigued to see this social work project in India. I was touched by heart seeing Govind working with the girls, knowing each of their names and trying to give them a better future.”

Mag. Ernestine Badegruber
Dr. Sadhvi Shanti Puri
Renate Massman-Krei
Sarah Harrington
Jacqueline de Chollet
Ramona Saboo
Ralph Lewin
Silvia Kunz-Domenig

Over the past 10 years the Sambhali Trust has gradually expanded its support. On seeing the work happening here, European visitors have returned to their respective countries wanting to lend their expertise and help the Trust develop in the right direction. Through marketing and fundraising these individuals have helped to put Sambhali on the map, eventually reaching the point where it was necessary for them to establish themselves as individual organisations. These sister organisations – Sambhali Austria, Sambhali UK, Sambhali Switzerland, Sambhali France and Sambhali Germany use an interconnected network of people to increase publicity for the Trust and advise us on how to move forward.

“Over the years it's been wonderful to see Sambhali's incremental betterment and development. My heart is sewing and ensuring an income for the women. In the future I would like to see a Sambhali house where the women work, with a small café and shop for income, and a consistent manager – an Indian woman”

- Ernestine Badegruber

National Advisory Board



Firoz Khan

Firoz Khan is a lawyer at Jodhpur's High Court. He has been involved with Sambhali since the very beginning. Having known Govind for a long time, and been exposed to the high levels of poverty in Jodhpur, Firoz joined Sambhali to lend his expertise by giving legal advice and distributing pamphlets educating women about their rights. He has provided legal representation for many of our women, guiding them to high enough authorities to avoid the corruptions and bureaucracy which so often prevent women from getting justice.

"In 2007 I saw some of the girls coming back from Sambhali. I saw such a big improvement in them, the way they walk, talk, dress... their confidence had gone up so much. Since then I tried to help as much as possible."

Dr. Reena Bhansali
Dr. Sudhi Rajeev
Adv. Firoz Khan
Dr. Shakti Singh Khakhadki
Dr. Mahendra Singh Tanwar
Dr. Shiv Singh Rathore
Dr. Gajendra Singh Rashdipura
I.P.S. Sandeep Singh Chauhan

Our National Advisory Board is made up of lawyers, psychologists, writers, social activists, a head teacher, and a police superintendent – all specialists in their respective fields. This Board serves two main purposes for us at Sambhali - they help to advise the Trust and its service users within their areas of expertise, check on our activities, join in meetings and ensure the Trust is running smoothly; and they lend credibility to the Trust – a thing of great value in a country with at least one NGO per 600 people. There are now more NGOs per person in India than there are police or teachers, this raises questions about accountability, credibility, and effectiveness. Our National Advisory Board serves not only to advise us, but to demonstrate to a wider audience that our work is effective, founded in well-informed and varied opinions from specialist sources. Added to this, our advisors have been invaluable in helping create an awareness of the Trust. Joining in rallies – one of which went straight through Jodhpur's High Court – and doing local promotions work, they have helped Sambhali to become a recognisable name in Jodhpur and beyond.

"When women go through the legal system it is often related to domestic violence and other similar topics, we understand the sensitivity here and help them to get what they need in an environment that is comfortable for them."

Central Services

Along with our founder Govind, it is our Operations Manager Corinne Rose who takes care of Sambhali's administrative side. Working from the UK, Corinne provides a link between the Trust and its Donors; supplying them with monthly reports from the centres, producing budgets and establishing which projects require new funding proposals. Corinne became involved with Sambhali back in 2008 while travelling around India. Initially volunteering for only 3 weeks, she was struck by the girls' enthusiasm to learn, inspiring her to stay until her visa expiration date 4 months later. Returning shortly afterwards to stay for a year, Corinne has been involved with the Trust ever since, becoming an integral part of the Sambhali team.

“When one girl was in tears because she was having an arranged marriage to a boy she had never met, I began to understand the choices that we as westerners take for granted; and that women and girls have very little if no choices in Rajasthan.”

Having long term partners like Corinne really allows us to see the growth that Sambhali has made over the past 10 years. When she first arrived, there were 45 women and children involved as well as 25 scholarship students, one teacher, a handful of volunteers, one PC, and no desks or chairs. Over the course of a year Corinne helped to establish our first 2 sewing centres in the local communities and gradually worked up to opening our first boutique in 2010. From that point the Trust has made huge growth with the help of her and our other supporters, and many of the participants who were involved in our projects 10 years ago are now working with us as teachers and other employees, giving the same opportunities back to other women and girls.

“Now 9 years further on to be able to see how many women and girls have been helped and supported through Sambhali, creating their own support groups and becoming more confident in themselves is very rewarding.”

“As Sambhali's work has slowly been embraced by the communities in both Jodhpur and Setrawa, they are beginning to see the value of their wives, daughters and children being educated and developing the skills to be able to work and help support their families.”

Over the past 10 years Sambhali's projects have evolved through a process of seeing a gap where help is needed, holding discussions between staff, volunteers and potential Donors; and finally creating a project to fill the gap. It is this process which has led to the variety of projects currently running at Sambhali. As we look into the future of Sambhali's development Corinne would like to see the business skills of the women developed further, enabling them to start their own small enterprises or seek employment; to consolidate the computer skills of the students in our empowerment centres – something we have started on this year; and in the long term to change attitudes in Jodhpur so women are given more freedom to go out in the evenings something which at present is deemed 'unsafe' or 'improper'.

Our International Patron



This January – 2017, we were honoured to welcome Deepa Mehta – director, filmmaker and adamant humanist as our international patron. Her work, which challenges stereotypes, traditions and gender roles is celebrated all over the world, earning her an Oscar nomination in 2007. Mehta’s most recent film ‘The Anatomy of Violence’ has sent ripples through both India and the international film industry. The film explores the lives and motivations of the 6 men responsible for the infamous gang-rape and murder of a woman on a New Delhi bus in 2012. This controversial topic epitomises Mehta’s work, which is unapologetically rebellious and clearly determined to louden the voices of those who suffer injustice. For this reason, Mehta is the perfect patron for Sambhali; inspiring our women and letting them know that no matter what their situation is, their voices are important and *will* be heard. This is an incredibly exciting development for us in our 10th year and we will cherish this relationship for many years to come.

Sambhali Trust

Organigram November 2016

National Advisory Board

Dr. Reena Bhareal
Dr. Shakti Singh Khakhadki
Dr. Sudhi Rajeev
Dr. Mahendra Singh Tanwar
Dr. Shiv Singh Rathore
Th. Dilip Singh Rajawat (Jhaddol)
Adv. Firoz Khan
Rao Devi Sharan Singh Shaktawat
Dr. Gajendra Singh Rashtpura
LP.S. Sandeep Singh Chauhan
Rawal Trishwan Singh Barmer

International Advisory Board

Mag. Ernestine Badegruber
Dr. Sathvi Shanti Puri
Renate Massmann-Krei
Sarah Harrington
Jacqueline de Chollet
Ramona Saboo
Ralph Lewin
Silvia Kurtz-Domenig

Board of Trustees

Mukta Kanwar, Rashmi Rathore
Badan Kanwar, Govind Rathore
Virendra Chouhan

Founder/Managing Trustee

Govind Rathore

Central Services

Operations Manager	Corinne Rose
Administrative Manager	Shyama Tanwar
Administrative Assistant	Vimlesh Solanki
Accounts Supervisor	Gurdeep Minhas
Volunteer Coordinator	Current volunteer

Empowerment Centres

Manager: Shyama Tanwar and Govind Rathore

Jodhpur (Urban)

Jodhpur Empowerment Centre
Sambhali Abhiviyakti Empowerment Centre
Sewing Tutor Anju Choudhary
Tutor Chandrika Jodha

Sambhali Brothers for Sisters Empowerment Centre
Sambhali Sisters for Sisters Empowerment Centre
Sewing Tutor Rashmi Sankhla
Hindi Tutor Kritika Bihal

Sambhali Shakti Empowerment Centre
Sambhali Laadli Women and Girls Empowerment Centre
Sewing Tutor Bhawana Parwar
Hindi Tutor Lovely Chouhan

Setrawa (Rural)

Sambhali Setrawa Empowerment Centre
Tutors Pooja Sharma, Meera Khatri
Suman Jain
Sewing Tutors Pooja Sharma, Jasu Devi

Sambhali Shanti Empowerment Centre
Tutor Pooja Kanwar

Education, Self-Help Groups & SOS Project

Manager: Vimlesh Solanki and Shyama Tanwar

Education

Sambhali Scholarship Project
Coordinator Vimlesh Solanki
Fieldworker Monica Jod

Sambhali Sheerni Educational Project
Housemother Nirmala Kanwar
Tutor Neelam Bhati

Sambhali No Bad Touch Project
Coordinator Vimlesh Solanki

Sambhali Ekavya Children Education Centre
Tutor Manju Solanki

Self-Help Groups

Sambhali Sheerni Self-Help Group Project
Supervisor Vimlesh Solanki
Fieldworker Meera Khatri

Sambhali SOS Project

Sambhali SOS Service
Sambhali Nirbhaya Helpline
Counsellor Shyama Tanwar

Sewing Centres and Sales

Manager: Kavita Bihal and Govind Rathore

Sewing Centres

Product Developer Kavita Bihal
Fieldworker Santosh Barasa
Sambhali Graduates' Sewing Centre-1
Supervisor Sarawati Gharu

Sambhali Graduates' Sewing Centre-2
Supervisor Praveen Bano

Sambhali Boutique

Sales Assistant Sanju Jawa



FORM NO. 10B

(See Rule 17B)

Audit Report under section 12A (b) of the Income-tax Act, 1961 in the case of charitable or religious trusts or institutions

We have examined the balance sheet of SAMBHALI TRUST AAGTS4253B [name and PAN of the trust or institution] as at 31/03/2017 and the Income and Expenditure account for the year ended on that date which are in agreement with the books of account maintained by the said trust or institution

We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of the audit. In our opinion, proper books of account have been kept by the above-named trust as far as appears from our examination of the books. In our opinion and to the best of our information, and according to information given to us the said accounts give a true and fair view: -

- i. in the case of the balance sheet of the state of affairs of the above-named trust as at 31/03/2017
- ii. in the case of the Income and Expenditure account, of the SURPLUS of its accounting year ending on 31/03/2017

The prescribed particulars are annexed hereto.

For BALIA CHOUDHARY & CO.
Chartered Accountants

(Signature)

(RAKESH BALIA)
PARTNER

Membership No: 070798
Registration No: 002347C

Place : Jodhpur
Date : 23/10/2017



मुक्ता

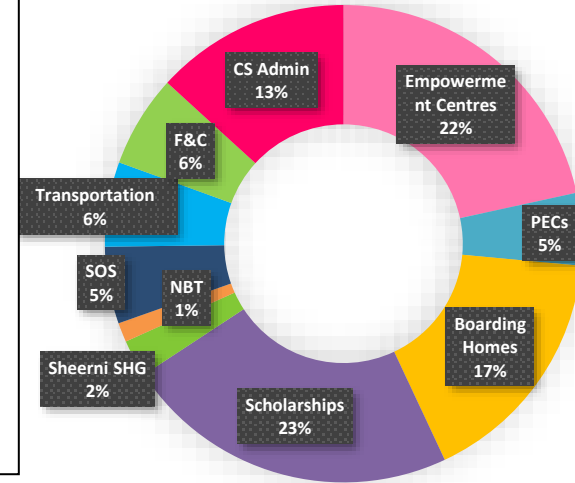
About Sambhali's Finances

Key

- PECs** – Primary Education Centres for children
- Boarding Homes** – Sheerni Boarding Home and Laadli Girls Home (to open April 2017)
- Scholarships** – Scholarship Programme for children to go to school
- Sheerni SHG** – Sheerni Self-Help Group Programme in Setrawa and Jodhpur
- NBT** – No Bad Touch Project
- SOS** – SOS/Nirbhaya HelpLine Project
- Transportation** – Sambhali minibuses taking students/staff/volunteers to projects
- F&C** – Festival & Cultural Programme for Students
- CS Admin** – Central Services Administration for all Projects

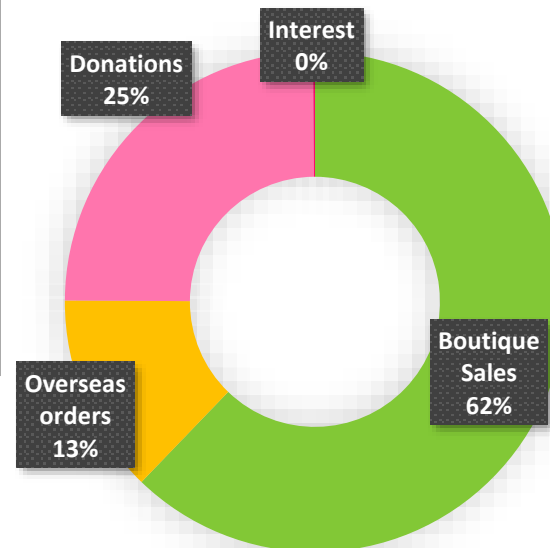
2016-17 Project Expenditure

Total Expenditure: 9456082 rupees



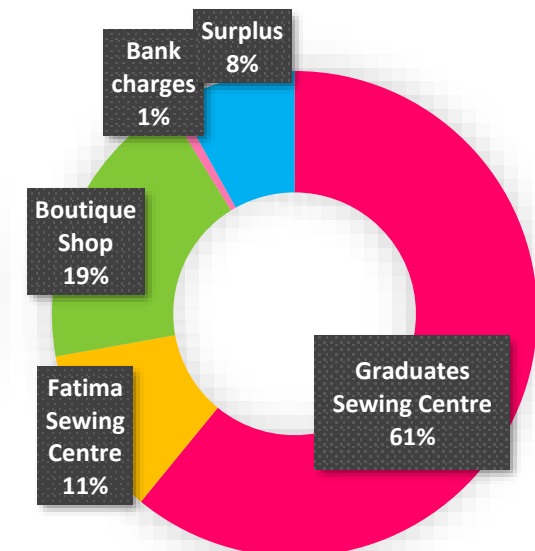
Income 2016-17

Sambhali Boutique - Sewing Centres
Total 2388830 rupees



Expenditure 2016-17

Sambhali Boutique - Sewing Centres
Total 2388830 rupees



If you wish to know more about Sambhali Trust's figures and finances, please, email us at info@sambhali-trust.org. We will come back to you as soon as possible.

Our Thanks



After 10 years of active work, Sambhali has flourished into an organisation making a real difference in Jodhpur and beyond. This would not have been possible without the fantastic contributions of all of our supporters. We at the Sambhali Trust would like to take this opportunity to thank the countless people who have helped us get to this point. The hundreds of volunteers, partners, Donors, visitors, photographers and writers who have helped the Trust grow over the past 10 years. Without you our supporters, the leaps we have made would have been far too great. Collectively all of you have added to the incredible impact the Trust has made, and for that, we cannot thank you enough.

Sambhali Trust 2017
Setrawa House,
Old Public Park Lane (KN College Road.)
Raika Bagh, Jodhpur,
India 342001
Phone: 0091-(0)-291-25 12 361
info@sambhali-trust.org



सम्बहली
SELF-ESTEEM - UNITY - INDEPENDENCE