



इकलभवां ट्रस्ट

Annual Report 2014-2015



Our Mission

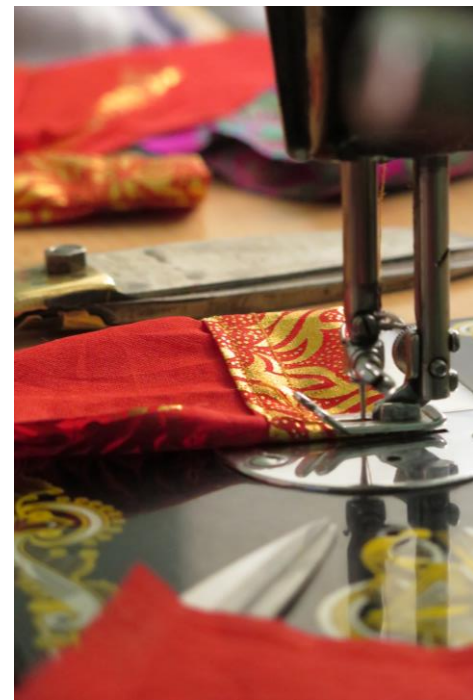
Sambhali Trust is a non-profit, grass-roots, charitable organisation whose focus is the empowerment of women and children in Rajasthan.

The goals of our Women Empowerment Policy are to bring about the advancement, development and empowerment of women.

In order to achieve these goals, we work toward: creating a suitable environment for the implementation of positive economic and social policies; offering access through our initiatives to health care, quality education, employment, equal compensation and social security; helping asset-less and marginalized women become economically self-reliant through vocational training and micro-finance programmes and providing emergency assistance in times of need.

Sambhali Trust works primarily with members of the Dalit community, who are the pariahs of India's Caste System. These women, specifically, experience three-fold discrimination due to their gender, caste, and oppressive socio-economic situations. They often face a high level of verbal, physical, and sexual abuse within their family circle and community. Sambhali strives to give strength to these women and children through our holistic approach.

Our projects encompass a number of social initiatives including: empowerment centres, scholarship programmes, sewing centres, self-help groups and our SOS projects.





Letter from Managing Trustee

Khamaghani!

I have just arrived back in Jodhpur after spending 4 weeks visiting many of you in Europe and the first thing I would like to say is a big 'thank you' to all of you who spent time organising presentations where I could inform new (and old) well-wishers about Sambhali's achievements and the work we still need to do. I am extremely grateful to everyone for arranging our travel, accommodation and providing us with all your generous hospitality. This trip also saw Sambhali's newest associate organisation – Sambhali France! I'm very thankful to its founder Christine, a long-standing supporter of Sambhali, for creating another branch to help support the projects in Jodhpur.

In the last year, we've seen the birth of two new centres; the Shakti Empowerment Centre which has guaranteed funding for 3 years (thanks to our kind donors PADEM in Luxembourg) as well as our second rural centre near Setrawa called the Shanti Empowerment Centre. We have also created our new "Nirbhaya Telephone HelpLine" for all those women suffering who require support, counselling and practical help. Our 'No Bad Touch' Project has been hugely successful, teaching over 3,000 young students in the local schools and colleges about preventing Child Sexual Abuse. In turn this is enabling all students, teachers and parents in these colleges to consider the basic issue of gender equality and that by talking to girls and boys alike, respect will be engendered at an early age and continue throughout their lives. I feel this project is particularly important and we owe great thanks to Mr Alois Annabith for helping to conceptualise it with our Psychology interns and providing the necessary funds to run it for its first year. I am very grateful to all our associated organisations in Germany, Switzerland, Austria and the UK for galvanising support, fantastic fund-raising and organising many events throughout the year, which now finance many of the projects we are running. I would also like to thank all our long-standing donors and supporters who have helped consolidate our projects over the years and all those sponsors of our ever-increasing number of students who we are able to provide scholarships for- a total of 170 at present.

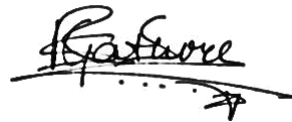
Our 22 girls at the Boarding Home are flourishing and we are still able to provide loans to the 108 women of the Sheerni Micro-credit Groups in Setrawa who are benefitting from starting little enterprises with their new goats, cows and small shops. We have had an increasing number of volunteers this year and my thanks goes to all of you who have been teaching in the Centres, providing Administrative support, conceptualising new workshops and generating a buzz of energy and creativity in Sambhali. It has been our first year of Volunta (German Red Cross) volunteers and they have been a huge asset to Sambhali with the work they have done over the last year. A special mention must also go to Jonathan Lipfriend who has been the hard-working Volunteer Coordinator for the last 9 months and helped to structure the record-keeping together with the sharing of information on Google Drive for all staff and volunteers.

We have a strong Administrative team now with the appointment of our Office Coordinator, Mrs Shyama Tanwar and, together with Mrs Ernestine Badegruber, our Central Services Team have put together a Finance Budget Manual with new procedures and processes which we hope will provide a sound monitoring structure and more transparency moving forward.

Last but not least a very big thank you to the staff who have helped to provide all the women and girls with an education that they would otherwise have been denied to give them all hope for a better future.

We look forward to another great year ahead, aiming to provide our women with the stability and support they deserve.

Warmest regards,



Govind Singh Rathore
Managing Trustee



Advisory Board

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FOUNDER/MANAGING TRUSTEE
Govind Singh Rathore

Sambhali Trust

Organigram 2014-2015

Central Services

Project Co-ordinator	Manju Mehta
Project Administration	Corinne Rose
Accountant	Gulab Banjara
Volunteer Co-ordinator	Current volunteer

Empowerment Centres

Manager: Govind Singh Rathore

Sambhali Jodhpur Empowerment Centre

Sewing Tutor	Anju Choudhary
Tutor	Divya Choudhary

Sambhali Abhivyakti Empowerment Centre

Sewing Tutor	Anju Choudhary
Tutor	Divya Choudhary

Sambhali Brothers for Sisters Emp. Centre Sambhali Sisters for Sisters Emp. Centre

Sewing Tutor	Pooja Sharma/Rashmi Sankhla
Hindi Tutor	Kritika Bihal

Sambhali Shakti Empowerment Centre

Sewing Tutor	Bhawana Panwar
Hindi Tutor	Lovely Chouhan,

Sambhali Setrawa Empowerment Centre

Manager	Pooja Sharma
Tutors	Meera Khatri, Suman Jain, Jasu Devi

Sambhali Shanti Empowerment Centre

Tutor	Pooja Kanwar
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Education, Self-Help Groups & Special Projects

Project Co-ordinator: Manju Mehta

Sambhali Scholarship Project

Manager	Shravan Bhati
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Sambhali Sheerni Educational Program

House Mother	Nirmala Kanwar
Tutor	Vimlesh Solanki

Sambhali Sheerni Micro-credit Project

Manager	Manju Mehta
Field Worker	Meera Khatri

Sambhali No Bad Touch Project

Manager	Vimlesh Solanki
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Sambhali Panaah Women's Shelter Service & Nirbhaya Telephone HelpLine

Manager	Manju Mehta
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Sewing Centres and Sales

Manager: Corinne Rose/Saloni Sheikh/Niyati Lodha

Sambhali Graduates' Sewing Centre

Supervisors	Radha Tiwari, Saraswati Gharu
Assistant	Santosh Barasa

Sambhali Brothers for Sisters Sewing Centre

Manager	Kavita Bihal
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Sambhali Boutique

Manager	Corinne Rose
Assistant	Sanju Jawa

Sambhali Students' Shop

Sales Assistant	Basanti Kandara
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Empowerment Centres



Jodhpur Empowerment Centre

The Jodhpur Empowerment Centre takes place from 10am to 1pm from Monday to Saturday.

Unlike some of our other centres, Jodhpur Empowerment Centre always begins with songs (in English or Hindi) and usually some sports activities or dancing with music.

In early 2015, the schedule of the Centre was changed to incorporate a more flexible teaching approach. The small table below denotes how their time at the Centre is spent each week:

LESSONS	Beginners	Medium & Advanced
Hindi	4.5	0
English	4.5	6
Self-defence	3	3
Sewing	3	6
Other (workshops, games etc)	4	4

The number of Volunteers in the Centre has fluctuated between two and five throughout the year. As it is better to work with a smaller group we tried to split the classes whenever possible. As they began the year with no prior knowledge of English, The level of the beginners' is quite basic. They have learnt the alphabet, some verbs and how to introduce themselves as well as learning the fundamentals of reading and writing. Most of the students in the Medium English Class can now understand verbal instructions and basic conversation. They know how to read and write, but still find it

challenging to compose paragraphs by themselves.

This year the advanced group learned more complex and practical tasks such as how to design a poster and write a formal letter.

The Hindi class is composed of those students who have had no formal education previously. They have learnt the alphabet and familiarised themselves with Hindi in its written form. Being able to read for the first time is a huge step forward for our new students.

In the sewing lessons, the newest students have learnt and practised embroidery, while the other students have progressed to sewing Rajasthani dresses, saree blouses and other complex items.

In the self-defence class, the students have learnt various techniques throughout the year; incorporating techniques from Karate, Judo and Boxing. They learnt different punches and kicks as well as learning how to protect themselves with a lathi (wooden stick) and nunchuck.

In February, Sambhali received an extremely generous donation of 11 laptops for use in the Centre. Since then, we have run Computer Classes twice a week. The students began with the basics (on/off, learning to click etc) before moving on to using the Microsoft Package and practising their Maths and English using games. They advanced very quickly and have already made a huge amount of progress.

“My students became like a mix of a sister and a best friend. I left half of my heart in India!”

Katharina, Volunteer





Brothers for Sisters Empowerment Centre

2014-2015 has been a great and busy year for Brothers for Sisters.

We began the year with one Hindi Beginners Class. However, as their levels were quite different, we started a second group for 'Early Beginners'. Many of the women wished to continue their Hindi instruction, so we also began a Medium Hindi Class in January.

This year's sewing and embroidery classes have been extremely successful, and our students have really been enjoying their time there. They are constantly eager to learn new patterns, embroidery and sewing techniques.

Our English beginners have seen strong progress. After learning the alphabet and some basic vocabulary, they have begun building sentences and reading their first English words.

The medium class has focused on reading and comprehension skills. They have moved beyond simple structures and have started to form more complex sentences, using a variety of tenses.

While our advanced class was often limited to just a few students, they have made real progress in speaking, listening and reading.

The Maths beginners started by learning the numbers and their meaning. Since then, they have begun

to add and subtract numbers and have even moved on to long addition and subtraction.

Our medium class focused on long multiplication and division. Having improved greatly, they then began to learn more about measurements and weight and have started studying fractions.

In February, the success of our students led us to establish an advanced class. This class worked on difficult division of fractions and percentages, as well as rules and principles used in advanced mathematics.

Workshops took place weekly, covering such diverse topics as nutrition, geography, fashion, occupations, women's health, motivation, music, dance and art. In March, two volunteers worked with the students on art therapy workshops, which were extremely beneficial for the students. Another great workshop taught students how to make home-made paper using newspaper and vegetable waste, which really captured their imagination being both fun and educational.

Since January, we have had a cultural activity day each Saturday. Students enjoy singing, dancing and sewing, and also receive a piece of fruit for a snack.



“The women’s
daily lives, stories
and dreams
continuously fill
me with both
hope and heart
break”

Grace, Volunteer



Hello, my name is Mem. I have one child, 3 brothers, 2 sisters and my parents. I have a total of 16 members in my family. I live with my parents now because my husband died three years ago. Two of my brothers have badly-paid jobs and my parents do not have a good financial situation so I really needed to work to help support my family.

In India, some women can find work very easily but for some women it is very difficult. Some women find it very hard because their families do not allow them to leave their houses- this is very common.

2 years ago I came to Sambhali in order to learn and spent 6 months here. I liked everything about being here: Embroidery, Stitching, Sewing, the education. When Govind Ji came and saw all of our work, he offered us the opportunity to work for the

Sewing Centre. I was so happy because I knew I could use the money I earned to help support my son.

When I was young I went to school but only up until 8th class (12 years old). I want my son to finish his schooling. In my area, most of my neighbours went to school but none of my friends have jobs. I am really proud of my work. I am lucky, my family are really supportive of me working at Sambhali and earning a living there. I really like Sambhali. Sambhali is supporting me with my job, as well as my son- through schooling.

Before Sambhali, I did not want to go outside because I was scared and felt alone. Now I feel very brave and can go wherever I want - I have confidence. Sambhali supports us to become braver. I feel strong and I am proud that I am a woman and a successful lady who can support herself and her son.

Sisters for Sisters Empowerment Centre

The Sisters for Sisters Empowerment Centre is located just inside the old city walls and has been running since April 2014.

The students are mostly Muslims, with around five Hindu students. Except during the month of Ramadan, the attendance at the Centre was very good.

After the arrival of the staff and the first students, the floor is cleaned every day. If it is not too hot, especially in winter time the volunteers begin by doing sports exercises with the students. The song "we shall overcome" is sung by the students daily for practice.

Excluding the tutors, Kritika and Rashmi, there were two long-term volunteers who were teaching English and Maths for the whole year.

There are four Maths classes, five English classes and three Sewing and Embroidery classes. As with other centres, the numbers of classes vary with the number of volunteers. The number of students in a class varies from two to seven students at optimum level and up to fifteen students maximum.

In Maths classes, topics from the numbers and simple additions and subtractions up to multiplication, division, square numbers and roots are taught.

In the English classes, the beginner students learn reading, writing and easy conversations. The higher levels learn new vocabulary with the help of dialogues and conversations.

The volunteers hold weekly workshops mainly about four different topic matters: culture and cultural problems; health care; basic knowledge in geography and science; and the arts. Other than these topics, sensitive topics like divorce and dowry were discussed as well as activities that build up self-confidence like team games, singing and acting. The No Bad Touch workshop was also held in the Centre.

A new form of workshop was also pioneered this year at Sisters for Sisters: First Aid Awareness Programme. During their First Aid workshops, which actually lasted an entire week, the students were not only provided with basic necessary knowledge, they also received First Aid kits with a clear and simple instruction manual to make the information accessible in the long-term.

Since January a weekly cultural activity day was also established. Every Saturday the students dance, sing, play, sew and chat. All girls and women are also provided with a fruit snack.



“I love helping the women empower themselves. I feel like I am helping a great cause”

Kritika, Teacher





“Working at
Abhivyakti with
so many amazing
people made me
realize the power
of education”

Antoine, Volunteer

Abhivyakti Empowerment Centre

Abhivyakti Empowerment Centre is one of Sambhali's smallest centres, with just one sewing room and one small classroom. Because most of the women who come to Abhivyakti wish to earn a living by selling clothing, the Centre began by focusing primarily on sewing. Only a few were interested in learning English.

Children and teenagers also come to Abhivyakti. Some come with their mothers, but others come after school to improve their English.

From the beginning of 2015, there have been 2 volunteer-led English Classes. The first was the "Advanced Class," children and teenagers who were at least in their 5th year of school and who had some knowledge of English. The second class was a group of around 2-4 women who wanted to learn English. Concurrently, Mrs. Divya Choudhary taught Maths,

English and Hindi to the younger children.

Construction work has been in progress at the Centre, which, when completed, should provide more space and hopefully allow each teacher to have their own classroom.

New students in Abhivyakti are increasingly interested in learning English, especially the younger ones. Some of our newest students are in high school or college, and their lessons in Abhivyakti are an incredible asset for their studies and a boon to their English level. Given the small size of the Centre, computer classes have been implemented by bringing a number of laptops once a week from the Jodhpur Empowerment Centre. This is a great initiative for the students, giving them greater computer literacy in an increasingly computer-reliant working world.

Shakti Empowerment Centre

The Shakti Empowerment Centre opened in August 2014 with around 30 students attending classes, fluctuating due to the Diwali and Holi Festivals and the Winter break. During 2014-15, the Centre welcomed 2 groups of students from August to mid-January and from mid-January until July. The Centre is open 3 hours a day from 10.30-13.30.

Initially the students were divided into 3 groups: the Lion class for the Beginners learning Hindi and the Latin alphabet with Lovely Singh Chouhan, the tutor, (with the extra Apple class added in March); the Elephant class (Medium) learning words and basic conversation and the Tiger Class for more advanced grammar, vocabulary and reading comprehension. The Elephants and Tigers also take a Sewing class for 1.5 hours with Bhawana Panwar. The students attended several workshops including various presentations

with topics ranging from Geography & Indian Politics to History, Nutrition and Personal Hygiene. They also participated in artistic activities like Marbling on paper and wall-painting. We also had the pleasure to welcome a volunteer who implemented "art therapy" in order to help break the silence about domestic violence.

The volunteers and the teachers fostered a warm and confident atmosphere within the Centre, which led to very strong relationships with the students. Even though some students showed less progress than expected in the language and sewing courses, we noticed a change in all students' attitudes towards learning. They became less shy, more outspoken, and more confident. This is a huge improvement, and we feel that this is a positive sign for the future of these students and the Shakti Centre.

“Cheeky or shy,
old or young,
they are Shakti
girls and I feel
lucky and proud
to have been
their teacher”

Agathe, Volunteer





Meet Priyanka...

Hi my name is Priyanka and I am 19 years old. I come from a big family with 7 children. My father works for the government filling water tanks in the rural areas. With so many family members we didn't have enough money so I had to stop school in 10th grade. That was two years ago. I really like to study. We heard about Sambhali Trust from my sister's friend, who comes here.

6 months ago I started coming here at the Centre. I come to learn English, Embroidery and Sewing. My family likes me coming here. Especially after I learnt how to sew a dress for my mother, and gave it to her.

Now she is happy, I am happy and my family is happy. I feel good inside from coming here. In the last 6 months I have

made a lot of new friends. I like to study English and I am very happy with my teacher Camille. She teaches so that I understand. One of my favourite workshops was the one on self-defence because it made me feel safer. I feel that Sambhali is a profit for the community. The girls can come here and learn skills such as sewing, embroidery and English for free.

My dream scenario is to become a doctor but I think I might try to become a teacher. Luckily I am going back to school soon as my brother has started working and we now have a bit more money. I am beginning 12th class and hopefully my time at Sambhali will help me going on with my career so I can get a job and earn money for my family's future.



“I am so happy I can give education, something so sustainable, back to my community”

Govind, Managing Trustee



Setrawa Empowerment Centre

In the desert village of Setrawa, our staff and volunteers work with a large range of women and girls.

The day starts with a Sewing Group for 2 hours where 14 older girls and 5 women attend on a regular basis to be taught all types of garments and accessories by the tutors, Pooja and Jasu who are very keen to teach the girls as much as possible.

There was also a very productive week when a dressmaking volunteer arrived to teach them many useful pattern designs, bags and new sewing techniques; 7 girls from this class also have English tuition with the volunteers for an hour every day, with a weekly IT session on how to use a laptop. These girls are studying via long-distance learning at the KN Girls' College in Jodhpur.

The Butterfly class, for those children not attending school, takes place from 1.00-3.00pm and encompasses many different subjects including

Health and Hygiene (washing their hair, face, hands and feet, checking for lice and brushing their teeth); English Q & As in a Circle (e.g. “What is your name?” or “What do you like?”) and for the remainder of the lesson the class is divided into 2 groups depending on the age and educational level for the main English and Hindi lessons.

The Peacock Class takes place from 4.30-6.30pm where 40-50 children who have been coming to Sambhali for a long time receive extra English tuition after going to school. Volunteers also provide a variety of fun weekly workshops and cultural days.

The volunteers also teach an English class for girls at the adjacent private school, with students from grades 5 to 11 attending. Working with the students in pairs was very beneficial as the students were on different levels of English. This way, a lot of progress could be made at their respective levels.

Meet Durga...



Hello, name is Durga. Two years ago I stopped school. My father is a house painter (an irregular source of income) and my brother has a cart selling small things. This is our total income. Before Sambhali I wouldn't leave the house much. I would go to the market twice a week. My mother passed away from cancer 5 years ago and I have no sisters so now I am responsible for all the housework.

I first learned about Sambhali from my neighbour who has 2 volunteers living at her house. She asked if I wanted to come and said if I liked it I could come every day for free. In the beginning my brother was hesitant to allow it. The Centre lies along a quiet road where there aren't any houses, and my brother did not want me walking alone. But my cousin also goes and I walk with her; this is acceptable for my brother. I do an hour of English and an hour of sewing every day, except Saturday where there are workshops and

we learn to draw henna. Puja is a great teacher, she is teaching me so much; to sew suits, bags, dresses and more. The Sambhali Centre is a break in the daily housework. I have made many new friends here. We are like family here, we can joke and put all our worries aside. At home it can be boring doing the same work every day and only getting out of the house to go to the market.

One day that especially stood out for me was when we learned about commerce. A volunteer from Jodhpur taught us about turning compost into a business. All the girls were eager to learn. I feel this is something I'll be able to do on my own in the future.

I would love to become a teacher at Sambhali. I am doing my best to make this happen by practising my English and sewing. Sambhali means so much to me. Since going to Sambhali I feel changed. I feel a bit proud of me. I am very happy!

Shanti Empowerment Centre

The Shanti Empowerment Centre is located 8 kilometres from Setrawa village in a very rural area of the Thar Desert. The Centre runs from 14:30-17:00 with games running beforehand until 14:30, Maths from 14:30-15:00, English from 15:00-15:45 and Hindi from 15:45-16:30. Finally, the children brush their teeth, are given biscuits and play football until 17:00. With this structured school day the Centre is far more productive.

Whilst attendance in the Centre can fluctuate (many students are needed to complete household chores, errands and tasks and so sometimes are unable to come) the commitment of the students is unquestionably high.

With greater organisation of the Centre, reports have been produced detailing the progress of each of the children, listing the most effective method of teaching as well as their proficiency in Hindi, English and Maths.

The major topics covered in English this year have been 'getting to know you' (family, names, ages, etc), family, body parts, directions, emotions, hobbies, likes and dislikes, time and reading (the phonetic alphabet and the make-up of words).

In Maths, the class has been split into two groups to better enable effective teaching.

Fridays usually begin with Arts and Crafts and Saturdays tend to be filled with games and role-play. We have also implemented a number of workshops in the Centre, the most successful of which have been hands-on, creative activities such as Art, Crafts and Origami workshops.

The students at the Centre have proved themselves incredibly enthusiastic and willing to learn and have made exceptional progress over the last year. We hope the students and the Centre continue to prosper in the coming year.

“Thanks to the most enthusiastic, wonderful students, working here was one of the most fantastic experiences of our lives.”

Jack & Sami, Volunteers





“It has been amazing working in the Sheerni Project. I feel like I have 22 little sisters!”

Jeremy, Volunteer

Sheerni Education Project

On 26th June, 20 girls returned to the Boarding Home along with two new girls (7 and 8 years old from Jodhpur). School started on 1st July and the girls, who are now between 7 and 15 years, went into classes from prep to 9th class.

In October, during Diwali, the volunteers started doing workshops with them, from Fashion and Paper-making to Drama and Yoga, the girls have all really enjoyed them throughout the year.

For their half-year exams they were divided into groups to revise their English and Maths. During the year, Vimlesh, one of the Sambhali tutors, has been spending time helping the girls with extra tuition along with Nirmala, the Housemother. The girls received the results of their half-year exams in January and in general all the girls did very well.

Two afternoons a week the girls go to play in the park at the nearby temple and have prepared workshops from the volunteers. Most of the girls really love learning and reading.

Vimla and Santosh had their last exams of the year in March while the other 20 girls had their school exams in April. The girls finished their classes with good results; all but 3 of the girls achieved more than 75% in their class, with Neeru getting 96% for her final grade.

Speaking or reading, calculating or learning for school - every girl has shown a great improvement in the last year.

In September the girls went to the ASG hospital for eye tests and some were given free glasses. A doctor from the Mathura Das Mathur Hospital visits the girls monthly to check on their general health and in February the girls received swine flu vaccinations from an NGO supplying preventative medicine. Fruit is now being given every week to all the girls by Nirmala.

After the girls' summer exams, the girls were taken on holiday to Mt Abu. They had a very busy trip; they visited the Nakki Lake, Dilwara Jain Temple, the nearby wildlife sanctuary and completed a hike up Guru Shikar (the highest point looking over Mt Abu). The girls had a great trip; some of them leaving Jodhpur for the first time!

Work has also been completed in the Boarding Home to build an extra room upstairs out of the old balcony. 18 girls moved into the new room with new beds in the middle of February while 4 girls remained in one of the other rooms. There are tables and benches in the smaller rooms now, used for meals and studying.



Special Projects



Sambhali Boutique and Graduate Centres

There are 25 women working in the Graduates Sewing Centres together with Niyati Lodha, the new manager of the Graduates Centre in Airforce since March 2015 and Kavita Bihal who is Assistant Manager and in charge of the 'Brothers for Sisters' Sewing Centre. The year saw a lot of change in staff after Corinne left to return to the UK although she continues to oversee the Sales and Production. Saloni Sheikh took over for 6 months, but left in December to continue her Fashion Studies course and we were very fortunate in having some excellent volunteers who assisted the production and orders in this transition period, with a special mention to Lisa Marie Lange who gave huge and valuable input.

We had 32 international orders from all over the world including from our Friends and Associate organisations in Europe who sold Sambhali items in bazaars and fetes to fundraise for Sambhali's projects. These orders have kept



the graduates in work, which is evenly divided between the 2 centres. The graduates' average income has fluctuated but has been approximately 2500-4000 rupees per month plus extra salaries for 2 supervisors.

The Brothers for Sisters Sewing Centre continues to do embroidery work for an Indian fashion designer, Raghavendra Rathore, whilst the graduates themselves continue to produce some lovely embroidery and aari-tari work.

Our Boutique is still running in the centre of Jodhpur under the trusty manager, Sanju Jawa who has been supervising it for the last 3 years. We have been lucky enough to have several volunteers who have been developing new items to sell in the Boutique, including beautifully embroidered scented cushions, large bags, soft toys, pencil cases and jewellery cases.

Special mention must also be made to another volunteer, Camille Zennaro, who put in a great deal of work for the forthcoming, updated Boutique catalogue. We thank all those who have supported the graduates throughout the last year through ordering items either online or purchasing them through the Boutique shop. The next few months is an exciting new chapter in the Sewing Centres where we are hoping to produce many more product ideas over the coming year- Watch this space!

Scholarship Programme

The Scholarship Programme has been running since the beginning of Sambhali in 2007. Originally sponsoring 25 students, it was designed in order to ensure them a good education and a brighter future. In 2014-2015, the number of children sponsored through our Scholarship Programme has increased drastically; from 112 last year to 192 this year.

The vast majority of our students are from Jodhpur itself (157) while 22 girls from Setrawa and Jodhpur live in our Boarding Home and a further 13 children are sponsored to attend the private school in Setrawa.

We support a huge range of ages through our programme, with our students ranging from 4 years old to 24 years old. We also continue to support 11 girls in their college studies studying both in Hotel Management Institutions and for

their BA undergraduate degrees. Alongside their studies, many of the students in our scholarship programme also benefit from extra-curricular lessons with our staff and volunteers. Many of students also attend their local Empowerment Centre, both inside Jodhpur and in Setrawa. We have also ensured extra lessons for our hotel management students who have benefitted from daily English classes with Isabell, one of our long-term volunteers.

This year, Sambhali has also helped 50 students who wished to study at Jodhpur's prestigious footwear and fashion school, FDDI. With Sambhali stepping up to pay their entrance fee, their further education can definitely get off on the right foot.





My name is Sonu, I am 13 years old. I have been going to the Sambhali Centre since it opened in Setrawa. My father is ill and cannot work so my mother does seasonal work, working during the wedding season cooking at people's houses. This doesn't provide us with a lot of money, so two years ago a teacher at Sambhali came and signed me up for the new admissions for the Scholarship Programme. This means that I now attend the private school here, together with many of my friends from the Peacock Class at the Sambhali Centre. Before I got the sponsoring I attended the government school in the village. There is a big difference between the government and the private school. In the government school we wouldn't learn much, they weren't really teaching us. In the private school they are continuously teaching us and we have class even on Saturday. The teachers are better, and there are exams and tests to see how you progress. In the government school there is a lot of cheating going on, but in private school it is not possible to cheat. I like it there and I like learning. I also

still come to the Sambhali Centre for English classes. My English is not perfect so I like to practise. At school I focus on Maths and Science because these subjects are hard and there is so much to learn. I am happy for Govind-ji and what he has done for Setrawa. Sambhali has not only helped me but also the women of this village. Sambhali gives the women an opportunity to learn how to save money. They didn't know how to do this because they aren't educated but now they are taught about this and education in general. Besides that, they have the opportunity to learn a skill so they can earn money for themselves. Compared to the level needed in the village, my education is pretty good so I didn't feel like I needed much more. As I've grown older I understand that learning is very important and I want to go on learning. I am in 9th grade now, when I finish 12th grade I hope to go to college.



No Bad Touch

The No Bad Touch programme was designed and created in 2014 in order to tackle the taboo subject of child sexual abuse in India. Vimlesh Solanki, together with volunteers dedicated to this programme have provided workshops to an amazing number of students, parents and teachers, numbering 3,567 in the last 12 months alone.

The workshops for children includes the explanation of a Bad Touch, the three dangerous body parts (chest, between the legs and bottom) and the three steps to follow when they receive a bad touch (shout NO, GO away from this person and TELL a safe adult about the bad touch you received). For the presentations, we use a video with famous actor Amir Khan as well as using a puppet show where the audience has to decide what is a Good and what is a Bad Touch. For the parents and teachers we have some additional information about the characteristics of perpetrators as well as victims, how they should



deal with it when something is discovered and what their rights are in India. Sambhali's aim is to conduct 8 children and 2 parent/ teachers' workshops per month and in the last year we have been able to provide 94 workshops to children and 22 to parents/teachers. During 2015 we also created a 6-month Follow-Up workshop. We were pleased to discover that the students learnt a great deal, but unfortunately it was difficult to ensure the same group of students as half a year before. Sambhali was also given the chance to attend a parent/teacher meeting where we have been able to gain a lot of attention from local parents.

On 14 July 2014, Sambhali hosted the 2nd annual No Bad Touch Conference in Jodhpur featuring open discussions and guest speakers. With contributions by Dr Reena Bhansali, Dr Chouhan and several other health professionals and community leaders the conference acted as an additional catalyst to the growing public discussion of child sexual abuse awareness and education. The conference demonstrated how much work and effort has been put into making this project a resounding success and reaching out into Jodhpur's community.

Sheerni Microcredit Programme

There are now 10 groups in the Sheerni Microcredit Programme consisting of 108 women. They have regular monthly meetings with the Project Coordinator, Mrs Manju Mehta, who oversees the payment by each women of 50Rs savings each month, together with interest on any loans they may have. The women are becoming more confident in their abilities and take more and more loans out depending on the financial capacity of the capital within that Group. The women are running their enterprises well and earning a steady income.

With an extra 19 women and 23% more loans given this year compared with last, the popularity of the Sheerni Microcredit Programme is continuing to grow due to the very low interest rates, excellent support system and community feeling.

The attached table shows the loans given during 2014-15 through our Microcredit programme.



Month	Group	Person	Loan (Rs)	Purpose
April	2	Raju Kanwar	6000	Cow
		Semi Devi	8000	Shop
June	3	Vimla	7000	Goat
		Hampyaru	8000	Shop items
	5	Samda	15000	Open a shop
July	1	Tara	2000	Shop items
		Pushpa	13000	Open a shop
		Muni	12000	Open a shop
	2	Renu	8000	Goat
		Sayar	5000	Shop items
		Raju	8000	Cow
		Fulkawar	7000	Cow
	4	Seema	8000	Shop
		Bhanwari	10000	Goats
		Suaa	5000	Goat
		Indra	5000	Goat
	5	Khamma	5000	Goat
		Dhiru	12000	Shop
	6	Fulla	14000	Cow
August	2	Sayar Devi	10000	Shop
October	6	Sua Devi	10000	Cow
		Sugna Devi	10000	Opening a shop
		Manju Devi	10000	Cow
		Radha Devi	10000	Cow
November	1	Bhawana	9000	Shop
		Kalawati	14000	Shop
	3	Indra	10000	2 Goats
January	5	Shaida	10000	Shop
		Muni	6000	Goat
	6	Indra	6000	Goat
February	2	Rajukanwar	10000	Cow
		Champu	10000	2 Goats
	5	Dariyar	5000	Goat
	10	Sayar	5000	Goat
March	1	Muni	13000	Opening a shop
		Shanti	12000	Opening a shop
		Hemlata	10000	Opening a shop



Meet Dasia Devi...

I began coming to the Sheerni Self-help group nearly one year ago when they started up a new group - Group 10. I heard about it from a friend who is in one of the earlier groups.

My husband is a tailor, I sew clothes as well and my eldest son is now old enough to also work as a tailor. Between the three of us we only had one sewing machine. Through the Sambhali self-help group, I have been able to take out a loan and buy a second sewing machine for my family. This has meant that we are able to complete more orders and thereby increase our sales. Without the Sambhali self-help group we would not have been able to take out a loan, the banks would not let us.

Now I meet up with the other ladies of my group once a month and we each deposit 50 rupees. Then, with Ms Mera leading

the meeting, we learn about sales, saving or a similar theme. Now that I have seen the Sambhali Centre here in Setrawa I want my 2 daughters to attend the Sewing and English classes here too. It is a very good place for learning.

In the city there are many more facilities and opportunities for learning. In the village we don't have many. That is why it is so good that we have Sambhali here in the village, as a free opportunity for learning.

In the future I plan to take out more loans and buy goats and cows so I can sell the milk. My younger son and two daughters are currently in government school and I want them to finish their education, before we decide on anything else.

SOS Project

Sambhali has recently refined our SOS project and established some new criteria in order to deal with the increasing demand for the service. We have seen a gradual increase in requests for helping with legal and medical aid (Panaah Services) as well as an increase in the response and potential need from the Nirbhaya Telephone Helpline.

Mission Statement

Sambhali aims to provide an Emergency Medical and Legal Support Service which helps women (and their families) throughout Rajasthan who are unable to afford necessary medical treatment or legal representation.

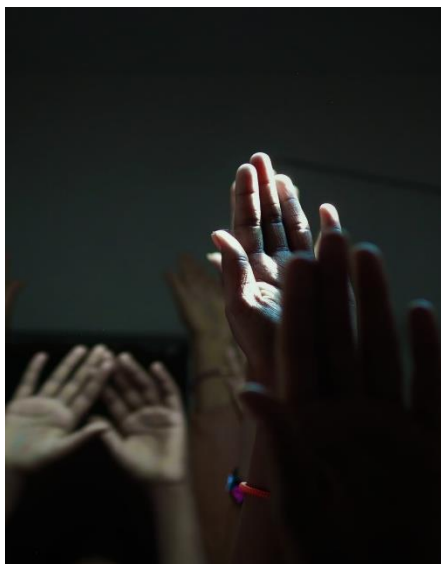
Through this Provisional Fund, we aim to provide essential support in cases of critical need; this may cover emergency medical care, medication, ambulance transport, emergency shelter accommodation and other similar critical expenses. The aim is to provide critical needs assistance programme which, once the situation has stabilised, aid the person in transferring to Government services or other suitable organisations operating in Jodhpur. This includes medical conditions such as tuberculosis and long-term medical treatments such

as kidney dialyses and HIV medication which Sambhali would provide in the short-term (up to 3 months treatment), after which another organisation providing these same facilities and treatments would be found in Jodhpur (Government hospitals/clinics or NGOs).

The Legal Support Fund is available to pay for legal costs in matters of divorce, domestic abuse, forced marriage and similar situations. The fund is designed for those who are unable to afford the legal expenses otherwise. Funding applications for emergency treatment and legal support are considered on a case by case basis and are only provided for those who are unable to afford the costs themselves. The Project Co-ordinator will assess the presenting need of the person, obtain a recommendation from a medical/ legal consultant and use financial criteria set by Sambhali Trust (family income under 15,000 rupees) to ascertain the required level of financial support Sambhali can provide.

The Nirbhaya HelpLine is a Toll-Free HelpLine, established in 2014 which covers the whole of Rajasthan and is available 10.00am-7.00pm. There have been over 250 telephone calls for help since this was established in August 2014. A member of Sambhali's staff will be able to offer advice and counselling on issues of domestic violence and sexual abuse as well as providing help with medical emergencies and legal support. Appointments can be arranged with our staff and links provided to organisations offering more specialised help. Callers living around Jodhpur can be helped directly and those from other cities in Rajasthan are directed to suitable local services.

Panaah Services	
Medical Cases	28
Child Marriage	1
Legal	7
Violence/ harassment	13
Domestic issues	11
Dowry	2
Total	62



SOS Project- Example Cases

Case 1

A 62 year old widow named Shushila, was living with her neighbour. She has two sons and one daughter. One son married a foreigner and now lives away from Jodhpur and the other son married a woman of a different caste and has taken the property of Shushila and her daughter. She was treated very badly and thrown out of the house. This case was reported to Sambhali by a friend. We advised Shushila about the Old People's Home in Jodhpur and she agreed to go there. The papers were signed with her daughter and now, speaking to her on a follow-up visit, she is very happy.

Case 2

A woman called Sandhiya was rushed to the government hospital for kidney dialysis. However, due to lack of appropriate facilities, the lady's kidneys worsened, her haemoglobin levels were down, her body was swollen and her hearing was affected. Her condition was so poor that we immediately relocated her to get treatment from another hospital in order to have 2 dialysis treatments. This was continued twice a week for one month and Sandhiya drastically improved. The treatment cost Rs.10,000 per month (Rs.8,000 for the dialysis, Rs.1,000 for medicine and a further Rs.1,000 for other medical expenses). Sandhiya continues to be helped through the SOS project.

Case 3

Nazneen is the daughter of a woman who is known to Sambhali Trust through the Brothers for Sisters Centre. Nazneen was a child bride but after growing up her husband refused to accept her. As Nazneen's father has passed away, there is no one in the household to pressurise her in-laws so that she gets justice. This case was registered with Sambhali Trust and with continuous efforts from lawyers and Mrs Mehta, the Project Co-ordinator, Nazneen received alimony from her in-laws for the amount of Rs.50,000. Sambhali Trust is also helping Nazneen to get a divorce from her husband.



Special Events



Celebratory Presentation (17.07.14)

In celebration of sponsoring 158 children to attend school in 2014-2015, a programme was held at the Mini Auditorium of Jodhpur. Chief Guests were MP Sh. Gajendra Singh Shekhawat, Sh. Kailash ji Bhansali, BJP official Sh. Narendra Singh ji Kachawa and Additional Advocate General, High Court, Jodhpur Sh. Pushendra Singh ji Bhati Saheb.

Sewing Machine Presentation (19.12.14)

50 women and girls were given sewing machines after finishing one year of vocational training in our empowerment projects in Jodhpur and Setrawa. We were honoured to have Her Highness Maharani Saheba of Jodhpur accept our invitation to come and hand over the certificates and bless the programme.

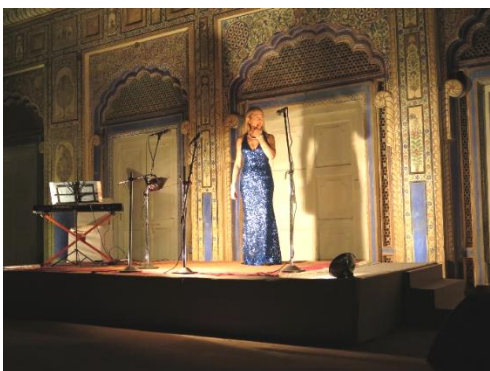


Nirbhaya Helpline Inauguration (22.08.14)

Sambhali's Nirbhaya Helpline was created 'Devoutly for the Safety and Advice for Women and Girls'. Inaugurated by Sh. Sunil Dutt (IPS) and the Inspector General of Police. Also in attendance were our distinguished guests for the programme- Dr. Reena Bhansali, Dr. Rashmi Rathore and Mrs. Smita Sawant.

Child Rights Seminar (10.01.15)

Project coordinator Mrs. Mehta and Manager of No Bad Touch Mrs. Solanki attended the Divisional level workshop about Child Rights organised by Department of Child Rights and District Child Protection Unit, Jodhpur and strengthened by Child Welfare Committee, Teenager Justice Board and supported by UNICEF.



Opera (11.11.14)

Ekaterina Potego, a world-renowned soprano from Vienna, visited Jodhpur in November in order to perform for Sambhali Trust. Two shows were held; the first at Jodhpur's majestic Mehrangarh Fort attended by HH the Maharaja of Jodhpur and the second in the High Court, attended by all of Sambhali's women, along with the District Collector of Jodhpur

International Women's Day (08.03.15)

We were invited by the Programme Officer from the Office of Women's Empowerment, Jodhpur to celebrate International Women's day. Chief Guest was District Collector of Jodhpur. Mrs. Shyama Tanwar and Mrs. Vimelsh Solanki from our Trust attended the programme.





University Presentation

(28.03.15)

Our team of volunteers and staff presented to Footwear Design and Development Institute 'FDDI', Jodhpur. Sambhali also supports 50 of the FDDI participants with a scholarship for their enrolment at the college. The feedback was very positive and students even approached Sambhali staff with previously undiscussed issues.

Anniversary Rally

(13.05.15)

Sambhali was in high attendance for the Baba Bheem Rao Ambedkar Anniversary Rally. Joint with the local people of Jodhpur, Sambhali participants marched through the streets in celebration of the birth anniversary of independent India's first law minister, a man who did so much for women and Dalit rights.



Sambhali Rally (30.03.15)

In support of 'Save Daughter, Educate Daughter', our rally marched to Nai Sarak through the Rajasthan High Court.. Chief Guests: Dist. Chief of Jodhpur Dist. Council, Dep. Directors of Women and Child Development, Social Justice and Empowerment and Project Officer of Dept. of Women Empowerment. The rally consisted of over 200 people and had the support from many more.

National Consultation

(13.05.15)

Sambhali representatives were invited by 'Nirantar' in Delhi for the National Consultation and Launch of "Landscape Analysis of Early and Child Marriage in India". The event was attended by Mrs. Mehta from Sambhali Trust and gave her further insight into the problems of child marriage, especially in the North-West of India.



Europe Trip (08.04.15)

Govind Singh Rathore and Virendra Singh Chouhan, two of Sambhali's trustees, spent one month touring Europe in order to raise awareness and support for our projects in Rajasthan. The trip was very successful and Sambhali's links with Europe have become even stronger; a strength which will no doubt benefit the women we work with daily.

Medical Camp (18.05.15)

Sambhali women benefitted from a medical camp organised by Vasundhara Hospital, Jodhpur. Thanks go to Dr. Reena Bhansali for inviting us to attend. All the women received full check-ups which revealed a number of previously undiagnosed illnesses such as diabetes and high-blood pressure.



7TH Nilofan

English Medium - READING



My name is Rubhkar and I live in Jodhpur. I like Jodhpur because it is beautiful and busy, but I don't like it because it is noisy. My sister Kritika says that Jodhpur is too big, but I think it is too small. I also have three brothers. I am older than my sister. My father likes reading and listening to music. My mother can run faster than my father.

I also have three brothers. I am older than my sister. My father likes reading and listening to music. My mother can run faster than my father.

QUESTIONS:

Awards

Marwar Ratna Award

Literally translated as 'The Jewel of Marwar', this award signifies an inherent value and distinctiveness in the work of its recipients. In the category of 'Women's and Children's Empowerment', the Maharaja of Jodhpur named Govind Singh Rathore for the honour, reiterating how important our work is to Jodhpur and the Marwar region. Chief guests at the awards ceremony included: HH the Maharaja of Jodhpur and the District Collector of Jodhpur.



UN Special Consultative Status

Sambhali Trust has been granted the great honour of becoming an Organisation in 'Special Consultative Status' with the Economic and Social Council (ECOSOC). With this new status, Sambhali has the right to submit oral and written statements to the UN Secretary-General and relevant Council; participate in events, conferences and activities of the United Nation; and request conferences and consultations with the ECOSOC committee.

This is the first time in Sambhali's history we have been recognised in such a way and denotes the importance of our work in the field of women & Dalit empowerment.

Felicitation Ceremony

The Felicitation ceremony by Jodhpur NGOs Union and Nand Kishor Rathi Medical and Educational Charitable Trust. Sambhali Trust was felicitated by the chief guest, Honourable Mrs. Kiran Maheshwari, Minister of Water Resources, Rajasthan.

The event was attended by two of our trustees (Govind Singh Rathore and Virendra Singh Chouhan) as well as by the Head of Sambhali Germany, Renate Massmann.



Our Support

Without the support of our fantastic partners, amazing collaborators and dedicated volunteers, Sambhali would not be here today. We are taking this opportunity to say **THANK YOU** to everyone from the last year – We hope you continue doing your amazing work in the years to come!

Our fantastic Partners and Collaborators





Unity
Self-Esteem
Independence



Sambhali Trust 2015
1. Setrawa House, Old Public Park Lane (KN Girls College Rd.)
Raika Bagh, Jodhpur, India 342001
Phone: 0091-(0)-291-25 12 361
info@sambhali-trust.org